

NAVAJO BIC OVERCOMERS CURRICULUM OVERVIEW

Creation to Christ/Firm Foundations

Biblical overview from Genesis to Jesus ministry in the New Testament. This introduces the men to the Bible and helps them to discover who Jesus Christ is. We believe in helping the men to heal in all aspects of their lives, and this address's the spiritual part of them. We are faith based and believe completely in the healing restorative power of the Creator.

Manhood & Public Speaking

Teaching the men the importance of being a man in today's society, taking care of their families. How to effectively communicate to others around you in society, the work place, etc. They will then give a 3 minute speech at graduation when the residential portion of our program ends.

Financial Peace University/Dave Ramsey

Teaching the men how to better handle their finances with a realistic look at where their money in the past went. Helps them to understand the importance of budgeting, saving, etc. Curriculum is specifically designed for Correctional Facilities.

Navajo Reading/Ben Stoner

Ben Stoner has lived in and ministered to the Navajo community for 41 years, as well as intentionally learning the language. He speaks and writes Navajo fluently and is very adept at teaching it to others. Our desire is for the men to know their language and heritage as a part of who they are and who the Creator made them to be.

Food & You/Eunice Stoner

Former Home Economics teacher, she educates the men on the harmful effects of many of the processed/fast foods and sodas that are consumed. Showing them the benefits of eating healthier as well as teaching them how to prepare some of the dishes.

Health/DZ Health Education

Tara Yabeeny coordinates and teaches this portion of our program. She covers areas of their lives that are affected by the use of alcohol and drugs. Showing them the detriments and damage to their lives, their families and those around them, from the abuse of alcohol and drugs.

Inner Healing/Dunklin Memorial Addiction Rehabilitation

This walks the men through their lives from the early years, helping them to discover the root of their addiction. Alcohol is only the symptom of what has transpired in their lives. This allows them to learn to heal emotionally from the inside out.

Wild at Heart/John Eldridge

A study on learning who God created man to be and how they can discover who this is. Inviting men to recover their masculine heart, defined in the image of a passionate God.

Computer Lab/(In house)

Giving the men the basic operating computer skills. Allowing them to learn how to use a computer, feel confident as an operator. Learning how to effectively put together a resume along with other applications.

DMI (Daily Moral Inventory)/Dunklin Memorial Addiction Rehabilitation

At the end of each evening they take a look back at their day assessing the positives and negatives. How can they reinforce the positive and change the negative for the following days.

Tackling the Tough Skills/University of Missouri

The curriculum builds from *Attitude to Responsibility to Communication to Problem Solving to Preparing for the Workplace*. It helps to get them thinking in new ways about concepts that affect their everyday lives and to encourage the change needed to reach potential. This course will fulfill a court requirement to attend a life skills course.

Convicted By Christ

This is a mens accountability group that meets in Farmington, NM. This is a place where the men can share their stories without the worry of being judged and as a group work through the problems we face on a daily basis. This is also where the men can attend after the program to fulfill the aftercare phase. We encourage the men to continue meeting after all requirements have been fulfilled.